

Your Baby Symptom Checker Summary

Name: Terri Terri is breastfeeding only
Gender: Girl Terri has not started eating solids
Date of Birth: 07/04/2017 Terri was not born prematurely
Age: 2 months, 1 day
Symptoms recorded: 08/06/2017

The symptoms you've described are quite common in babies, but we know it can be distressing for both you and Terri when she's not feeling 100%.

Summary of Symptoms

This is what you told us:

- Terri is pulling her knees up to her chest whilst crying
- Terri is clenching her fists whilst crying
- Terri is waking up suddenly, apparently in pain
- Terri has had excessive wind/flatulence for 3 or more weeks
- Terri has not had a recent bout of gastroenteritis or a tummy bug
- Terri cries for 5 or more hours a day without a clear reason why
- Terri has experienced unexplained crying for 4 of the past 7 days

Things to try

Here are a couple of things you can do to prepare for your GP appointment.

Tick any that you've done already.

- Sooth Terri with gentle rocking motions
- Calm Terri with white noise (e.g. the hairdryer, vacuum cleaner)
- Calm Terri with skin-to-skin contact
- Give Terri a warm bath and then wrap her in a warm blanket

Further information for HCPs can be found at: ELN.nutricia.co.uk/BabySymptomChecker

Validation ID: 07.04.17-2-1-0-20.8.19.21-9:17.10:2.6:11.7:7-3-1.0.0-08.06.17

- Take a walk around the block with Terri in the pram, or a drive in the car
- Give Terri a gentle stomach or back rub, or ask your health visitor about baby massage techniques
- Sit Terri upright during feeds to prevent her from swallowing air
- Always wind Terri after a feed
- If you are breastfeeding, avoid too much spicy food, alcohol, tea, coffee and other caffeinated drinks
- Use a 'fast-flow' teat if you are bottle feeding – small holes in the teat can lead to swallowing too much air while feeding

EXAMPLE ONLY