



Cow & Gate Instant Carobel

Indications

Cow & Gate Instant Carobel is an instant gelling or thickening agent prepared from carob bean gum. It can be used in the dietary management of the following conditions: infantile vomiting and possetting when no organic cause is known; habitual and recurrent vomiting, e.g. gastro-oesophageal reflux; dysphagia; rumination.

Precautions

- I. Cow & Gate Instant Carobel is suitable for full-term infants, children and adults. We do not recommend using Cow & Gate Instant Carobel with preterm or low birthweight infants as there is no clinical data available to support its use with these infants. Only to be used under medical supervision.
- II. All instructions for preparation and use should be followed carefully. Not suitable as a sole source of nutrition.
- III. Thickened feeds are not usually helpful in obstructive lesions, such as pyloric stenosis, or in gastroenteritis.
- IV. When introducing Cow & Gate Instant Carobel to a galactosaemic infant, the red cell galactose-1-phosphate content should be monitored.
- V. A minority of infants receiving the product may pass frequent loose stools. In this situation, withdraw the product from the diet until stools are back to normal. Reintroduce Cow & Gate Instant Carobel gradually, increasing the quantity according to individual tolerance.
- VI. Cow & Gate Instant Carobel requires 3–4 minutes to thicken. Additional Cow & Gate Instant Carobel should only be added after this time to avoid over-thickening.

Prescribability

Cow & Gate Instant Carobel can be prescribed for thickening feeds in the treatment of rumination and habitual and recurrent vomiting.

Pack formats and product codes

Cow & Gate Instant Carobel is available in a powder format. 135g cartons are supplied in cases of 6; the product PIP code is 246-9450.

Preparation and storage

All Cow & Gate products carry preparation instructions. Please see packaging for further information. Store in a cool, dry place (4–25°C) but do not refrigerate. Fold bag and close box top. Use within four weeks of opening.

Ingredients

Maltodextrin, Carob bean gum, Calcium carbonate, Iron sulphate, Zinc sulphate.

PDS: 0127700-01-0004



Cow & Gate Instant Carobel

Typical values	Units	Powder	
		/100g	/scoop*
Major Nutrients			
Energy	kJ	1345	25
		kcal	318
Fat	g	0.3	TRACE
Carbohydrate	g	66.2	1.1
Fibre	g	25.1	0.4
Protein	g	0	0
Salt	g	0.02	0.0003
Minerals			
Sodium	mg	6	0.1
Potassium	mg	91	2
Chloride	mg	109	2
Calcium	mg	335	6
Phosphorus	mg	12	0.2
Magnesium	mg	9.1	0.15
Iron	mg	8.8	0.15
Zinc	mg	5.3	0.09
Copper	mg	0.12	0.002
Manganese	mg	0.03	0.0005

*Scoop weight 1.7g

Details correct as of November 2016.

Healthcare professional helpline
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