



# Cow & Gate Growing Up Milk 2-3 Years

## Indications

Cow & Gate Growing Up Milk 2-3 Years has been specially developed to help meet the specific nutritional needs of toddlers as part of a healthy, balanced diet.

## Contra-indications

- I. Not suitable for intravenous use.
- II. Not suitable for cows' milk allergy or lactose intolerance.
- III. Not suitable for vegetarians.

## Pack formats and product codes

Cow & Gate Growing Up Milk 2-3 Years is available in both powder and liquid formats: 800g EaZypacks are supplied in cases of 6; the product PIP code is 364-5967. Cow & Gate Growing Up Milk 2-3 Years ready-to-drink is available in 1L cartons supplied in cases of 6 and 200ml cartons supplied in cases of 15.

## Preparation and storage

All Cow & Gate products carry preparation instructions. Please see packaging for further information. EaZypacks should be stored in a cool, dry place; do not refrigerate, and use contents within four weeks of opening. Store ready-to-drink cartons in a cool, dry place away from sunlight before opening. Once opened, any unused milk in the 1L carton can be stored by replacing the cap, storing upright in a refrigerator and should be used within 72 hours. Any leftover milk in a beaker after drinking or unused milk in the 200ml carton needs to be discarded within 2 hours.

## Ingredients: powder

Skimmed **milk**, Lactose (from **milk**), Vegetable oils (Palm oil, Sunflower oil, Rapeseed oil), Whey product (Demineralised whey, Whey protein concentrate) (from **milk**), Galacto-oligosaccharides (GOS) (from **milk**), Maltodextrin, Calcium phosphate, Fructo-oligosaccharides (FOS), Potassium hydrogen phosphate, Calcium carbonate, Magnesium citrate, Milk flavouring, Vitamin C, Magnesium hydrogen phosphate, Potassium citrate, Sodium chloride, Emulsifier (**Soy** lecithin), Iron sulphate, Zinc sulphate, Vitamin E, Vitamin D<sub>3</sub>, Potassium chloride, Pantothenic acid, Vitamin B<sub>12</sub>, Vitamin A, Niacin, Riboflavin, Folic acid, Vitamin K<sub>1</sub>, Biotin, Vitamin B<sub>6</sub>, Thiamin, Potassium iodide.

## Ingredients: liquid

Water, Skimmed **milk**, Galacto-oligosaccharides (GOS) (from **milk**), Lactose (from **milk**), Vegetable oils (Rapeseed oil, Sunflower oil), Fructo-oligosaccharides (FOS), Acidity regulator (citric acid), Emulsifier (mono- & diglycerides of fatty acids), Vitamin C, Magnesium hydrogen phosphate, Calcium hydroxide, Calcium citrate, Potassium citrate, **Milk** flavouring, Potassium hydroxide, Calcium phosphate, Iron lactate, Zinc sulphate, Vitamin E, Vitamin D<sub>3</sub>, Vitamin A, Vitamin B<sub>12</sub>, Pantothenic Acid, Potassium iodide, Riboflavin, Niacin, Vitamin K<sub>1</sub>, Biotin, Vitamin B<sub>6</sub>, Thiamin, Folic Acid.

**Allergy Advice.** For allergens, see ingredients in **bold**.

PDS: 0120884-01-0001 V1 & 1008619\_V1



# Cow & Gate Growing Up Milk 2-3 Years

Typical values	Units	Powder*			Liquid*	
		/100g	/100ml prepared feed	/100kcal	/100ml	/100kcal
<b>Major Nutrients</b>						
<b>Energy</b>						
	kJ	1765	210	420	185	420
	kcal	420	50	100	44	100
<b>Fat</b>	g	15.9	1.9	3.8	1.9	4.4
of which, saturates	g	3.8	0.4	0.9	0.2	0.6
Linoleic acid (Omega 6)	g	2.23	0.27	0.53	0.44	1.0
Alpha-linoleic acid (Omega 3)	g	0.39	0.05	0.09	0.09	0.20
<b>Carbohydrate</b>	g	54.8	6.5	13.1	4.8	10.9
of which, sugars	g	48.8	5.8	11.6	4.7	10.6
of which, lactose	g	45.9	5.5	10.9	5.8	11.6
<b>Fibre</b>	g	7.2	0.9	1.7	0.8	1.9
<b>Protein</b>	g	10.9	1.3	2.6	1.5	3.4
<b>Salt</b>	g	0.42	0.05	0.1	0.06	0.13
<b>Vitamins</b>						
Vitamin A	µg RE	519	62	124	68	153
Vitamin D <sub>3</sub>	µg	24	2.9	5.7	3.1	7.0
Vitamin E	mg α-TE	8.5	1	2	1.1	2.5
Vitamin K <sub>1</sub>	µg	39	4.6	9.2	5.1	11.5
Vitamin C	mg	126	15	30	15	34
Thiamin (B <sub>1</sub> )	mg	0.34	0.04	0.08	0.04	0.09
Riboflavin (B <sub>2</sub> )	mg	1.93	0.23	0.46	0.23	0.52
Niacin (B <sub>3</sub> )	mg	1.7	0.2	0.41	0.2	0.5
Pantothenic acid	mg	4.88	0.58	1.16	0.58	1.3
Vitamin B <sub>6</sub>	mg	0.50	0.06	0.12	0.06	0.14
Folic acid	µg	72	8.6	17	8.5	19
Vitamin B <sub>12</sub>	µg	3.8	0.4	0.9	0.4	0.9
Biotin	µg	9.2	1.1	2.2	1.3	2.9
<b>Minerals</b>						
Sodium	mg	168	20	40	24	53
Potassium	mg	984	117	234	85	192
Chloride	mg	328	39	78	43	98
Calcium	mg	1009	120	240	85	193
Phosphorus	mg	778	93	185	54	121
Magnesium	mg	86	10	21	10	22
Iron	mg	10	1.2	2.4	1.2	2.7
Zinc	mg	7.6	0.9	1.8	0.9	2.0
Iodine	µg	165	20	39	20	45
GOS/FOS <sup>†</sup>	g		1.2		1.2	
Potential renal solute load	mOsmol/l		154			
Scoop weight**	g		4.0			
Standard dilution**	%		11.9			

\*Please note there are some nutritional differences between powder and liquid milks.

\*\*Refers to powder.

<sup>†</sup>Galacto-oligosaccharides/Fructo-oligosaccharides.

Details correct as of June 2018.

Healthcare professional helpline  
**0800 996 1234** [eln.nutricia.co.uk](http://eln.nutricia.co.uk)

IMPORTANT NOTICE: Breastfeeding is best for babies. Infant formula is suitable from birth when babies are not breastfed. We advise that all formula milks be used on the advice of a doctor, midwife, health visitor, public health nurse, dietician, pharmacist or other professional responsible for maternal and child care.